



SILICON VALLEY

P O D C A S T

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00:00:00,380 --> 00:00:03,750

Matthew Buffington: You're listening to
NASA in Silicon Valley, episode 70, and for

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00:00:03,750 --> 00:00:05,780

the intro I have Abby with me here again.

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00:00:05,780 --> 00:00:06,780

Abby Tabor (Host): Hello, hello!

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00:00:06,780 --> 00:00:10,970

Matthew Buffington: This is a slightly interesting
episode just for the sake that when we planned

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00:00:10,970 --> 00:00:17,210

to recording this, I got horrifically ill,
and Abby jumped in at the last minute to go

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00:00:17,210 --> 00:00:18,289

ahead and do this recording.

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00:00:18,289 --> 00:00:19,289

Host: That's right.

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00:00:19,289 --> 00:00:21,949

Matthew Buffington: So Abby, tell us about
the conversation that you had.

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00:00:21,949 --> 00:00:24,029

Host: Alright, well, it turned out to be very
interesting!

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00:00:24,029 --> 00:00:26,210

I met with Sylvain Costes.

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00:00:26,210 --> 00:00:30,769

He is the manager of the GeneLab project,
here at Ames.

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00:00:30,769 --> 00:00:33,200
So you know how NASA does a lot of biosciences.

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00:00:33,200 --> 00:00:36,090
We do biology experiments up on the space station.

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00:00:36,090 --> 00:00:41,560
So when those experiments end, the science doesn't end because all that data goes into

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00:00:41,560 --> 00:00:46,510
a repository, which is open to the public, it's open access, for any researchers to

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00:00:46,510 --> 00:00:47,510
use.

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00:00:47,510 --> 00:00:51,511
And right now they're developing tools, and really building a system around it, where

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00:00:51,511 --> 00:00:57,780
people can come analyze this space biology data that NASA helped produce, and looking

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00:00:57,780 --> 00:00:59,940
for discoveries that they can make within it themselves.

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00:00:59,940 --> 00:01:00,940
Matthew Buffington: Oh wow!

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00:01:00,940 --> 00:01:05,899
Host: And this is for researchers, if that's your research, or for citizen scientists who

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00:01:05,899 --> 00:01:09,979
may be interested, they'll be able to explore

as well, and getting more out of the data

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00:01:09,979 --> 00:01:10,979

than ever.

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00:01:10,979 --> 00:01:16,270

What Sylvain describes it as is NASA as the custodian of knowledge about how life is effected

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00:01:16,270 --> 00:01:17,270

in space.

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00:01:17,270 --> 00:01:19,329

Matthew Buffington: Sounds super exciting!

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00:01:19,329 --> 00:01:23,999

So before jump on into it, a reminder for folks listening, we have a phone number, (650)

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00:01:23,999 --> 00:01:24,999

604-1400.

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00:01:24,999 --> 00:01:32,850

Give us a call and leave a message, and we'll try to add that into future episodes.

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00:01:32,850 --> 00:01:37,999

If you want to be digital, we are on all the social media platforms, we're using the

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00:01:37,999 --> 00:01:39,159

hashtag #NASASiliconValley.

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00:01:39,159 --> 00:01:42,540

We are a NASA podcast, but we are not the only NASA podcast!

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00:01:42,540 --> 00:01:46,990

I'll give a quick little shout out to some

of our friends over at headquarters, who do

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00:01:46,990 --> 00:01:48,240

Gravity Assist.

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00:01:48,240 --> 00:01:52,090

There's also another weekly podcast called
This Week at NASA.

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00:01:52,090 --> 00:01:56,709

And then of course, our friends over in JSC,
over at the Johnson Space Center, they have

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00:01:56,709 --> 00:02:00,539

Houston, We Have a Podcast.

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00:02:00,539 --> 00:02:01,539

But for today...

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00:02:01,540 --> 00:02:04,200

Host: ... Let's listen to Sylvain Costes.

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00:02:04,200 --> 00:02:15,660

[Music]

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00:02:15,660 --> 00:02:17,740

Host: Hey, Sylvain, thanks for coming in.

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00:02:17,750 --> 00:02:19,420

Sylvain Costes: Thank you for having me.

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00:02:19,420 --> 00:02:22,970

Host: I'm excited to hear about your work
a little bit.

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00:02:22,970 --> 00:02:27,160

Usually we start this off by learning about
you and your background and how did you end

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00:02:27,160 --> 00:02:28,160

up at NASA.

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00:02:28,160 --> 00:02:29,160

Where do you come from originally?

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00:02:29,160 --> 00:02:30,260

Sylvain Costes: Sure.

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00:02:30,260 --> 00:02:33,460

I was born in France.

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00:02:33,460 --> 00:02:37,290

I went through physics and mathematics training in France in college.

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00:02:37,290 --> 00:02:38,290

Host: Cool.

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00:02:38,290 --> 00:02:43,350

Sylvain Costes: Eventually I transferred to -- I did an exchange at Texas A&M University.

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00:02:43,350 --> 00:02:45,860

From there, I liked the American education.

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00:02:45,860 --> 00:02:47,020

Host: Yeah?

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00:02:47,020 --> 00:02:49,470

Sylvain Costes: So I decided to go for a PhD.

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00:02:49,470 --> 00:02:56,480

After a Masters at Texas A&M, I did a PhD at UC Berkeley and spent some time at NCI

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00:02:56,480 --> 00:03:02,050

National Cancer Institute, and then became

an independent investigator at Lawrence Berkeley

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00:03:02,050 --> 00:03:05,460

National Lab, which is a DOE lab.

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00:03:05,460 --> 00:03:08,890

I joined NASA only last December in 2016.

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00:03:08,890 --> 00:03:10,960

Host: So you're pretty new.

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00:03:10,960 --> 00:03:13,490

You're even newer than I am to NASA.

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00:03:13,490 --> 00:03:14,490

Interesting.

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00:03:14,490 --> 00:03:15,490

Sylvain Costes: Good.

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00:03:15,490 --> 00:03:19,890

Host: And I lived in Paris for eight years,
so we have something else in common.

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00:03:19,890 --> 00:03:20,800

Sylvain Costes: Yeah.

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00:03:20,800 --> 00:03:22,100

[Foreign language].

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00:03:22,100 --> 00:03:23,120

Host: No, no, no.

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00:03:23,120 --> 00:03:26,340

[Foreign language].

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00:03:26,340 --> 00:03:28,880

Let's continue in English.

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00:03:28,880 --> 00:03:30,650
From France, what part of France?

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00:03:30,650 --> 00:03:32,300
Sylvain Costes: It's hard to tell.

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00:03:32,300 --> 00:03:37,190
I was born in Bourges, which is one of the center cities.

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00:03:37,190 --> 00:03:38,870
But I moved, I think, 20 times.

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00:03:38,870 --> 00:03:41,930
By the age of 20, I had moved 20 times in France.

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00:03:41,930 --> 00:03:43,580
Host: Oh my gosh.

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00:03:43,580 --> 00:03:47,840
Sylvain Costes: I don't have any really -- City, I would say I'm from the south.

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00:03:47,840 --> 00:03:50,330
That's really where my family is from.

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00:03:50,330 --> 00:03:51,330
So Toulouse would be --

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00:03:51,330 --> 00:03:52,330
Host: I see.

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00:03:52,330 --> 00:03:53,330
Yeah.

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00:03:53,330 --> 00:03:55,650

Sylvain Costes: The real city is called Rodez,
but I don't really feel like I'm --

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00:03:55,650 --> 00:03:56,980

Host: But everyone knows Toulouse.

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00:03:56,980 --> 00:03:59,280

Sylvain Costes: Yeah, I'm just French in general.

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00:03:59,280 --> 00:04:00,280

Host: Right, okay.

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00:04:00,280 --> 00:04:01,319

Sylvain Costes: I've been everywhere in France.

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00:04:01,319 --> 00:04:03,480

Host: So you're used to moving around, it
sounds like.

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00:04:03,480 --> 00:04:04,480

Sylvain Costes: That's right.

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00:04:04,480 --> 00:04:08,470

Host: From France to Texas to California,
you've been all over.

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00:04:08,470 --> 00:04:09,610

Sylvain Costes: Yeah.

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00:04:09,610 --> 00:04:11,750

Host: Eventually that led you to NASA.

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00:04:11,750 --> 00:04:13,300

So you're a biologist, is that right?

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00:04:13,300 --> 00:04:14,300

Sylvain Costes: No, I'm a physicist.

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00:04:14,300 --> 00:04:15,300

Host: A physicist.

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00:04:15,300 --> 00:04:16,300

Sorry.

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00:04:16,300 --> 00:04:17,300

Sylvain Costes: My PhD is in nuclear engineering.

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00:04:17,300 --> 00:04:18,300

Host: Oh my gosh.

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00:04:18,300 --> 00:04:22,650

Sylvain Costes: I used to do -- In my Masters, I was doing nuclear reactor design, so a lot

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00:04:22,650 --> 00:04:23,650

of neutronics.

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00:04:23,650 --> 00:04:27,420

And then in nuclear engineering, there is a section called health physics, which is

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00:04:27,420 --> 00:04:33,590

understanding how radiation impacts people as life; so like how you can get cancer from

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00:04:33,590 --> 00:04:34,940

radiation, the risk of ionizing radiation.

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00:04:34,940 --> 00:04:37,040

And so I got into this.

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00:04:37,040 --> 00:04:40,660

And part of that is called medical physics, which is understanding how radiation can be

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00:04:40,660 --> 00:04:41,660

used to treat cancer

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00:04:41,660 --> 00:04:44,620

Host: That's the connection between physics and cancer reduction.

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00:04:44,620 --> 00:04:45,620

Sylvain Costes: That's right.

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00:04:45,620 --> 00:04:46,620

Host: Yeah.

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00:04:46,620 --> 00:04:49,880

Sylvain Costes: And then little by little, I left the physics world to move more and

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00:04:49,880 --> 00:04:51,490

more towards biology.

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00:04:51,490 --> 00:04:57,680

Being a physicist, I've done a lot of -- I've used a lot of the physics knowledge, so mathematics

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00:04:57,680 --> 00:05:01,820

and modeling, into understanding biological processes.

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00:05:01,820 --> 00:05:05,150

Until last year, very much focused on radiation.

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00:05:05,150 --> 00:05:10,810

And so the connection with NASA there was that there is cosmic radiation that astronauts

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00:05:10,810 --> 00:05:11,810

get exposed to.

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00:05:11,810 --> 00:05:15,250

So I've been studying their impact on humans for a long time.

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00:05:15,250 --> 00:05:16,250

Host: Right.

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00:05:16,250 --> 00:05:17,250

Radiation is a big challenge for space exploration.

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00:05:17,250 --> 00:05:18,710

Sylvain Costes: It's a big one.

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00:05:18,710 --> 00:05:20,560

Microgravity and radiation are the two big ones.

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00:05:20,560 --> 00:05:21,560

Right?

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00:05:21,560 --> 00:05:22,560

Host: Right.

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00:05:22,560 --> 00:05:26,600

Sylvain Costes: Now at GeneLab, I'm really emphasizing everything.

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00:05:26,600 --> 00:05:28,840

Radiation is just one small aspect of what we're working on.

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00:05:28,840 --> 00:05:35,050

We're really looking at the full response of the human, and life in general, in terms

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00:05:35,050 --> 00:05:36,280

of living in space.

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00:05:36,280 --> 00:05:37,280

Host: Right.

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00:05:37,280 --> 00:05:38,280
Sylvain Costes: So microgravity.

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00:05:38,280 --> 00:05:40,630
Host: The physical effects of the space environment.

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00:05:40,630 --> 00:05:41,630
Right?

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00:05:41,630 --> 00:05:42,630
Sylvain Costes: That's right.

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00:05:42,630 --> 00:05:43,630
Host: Right, okay.

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00:05:43,630 --> 00:05:44,630
So you just mentioned GeneLab.

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00:05:44,630 --> 00:05:45,630
What is that?

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00:05:45,630 --> 00:05:47,640
Sylvain Costes: I'm the Project Manager now
for GeneLab.

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00:05:47,640 --> 00:05:52,520
And so let me tell you a bit about GeneLab,
because it's a project that started about

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00:05:52,520 --> 00:05:55,510
four years ago, roughly.

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00:05:55,510 --> 00:06:02,360
The idea, which is I think very good, is that
NASA should be the custodian of the knowledge

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00:06:02,360 --> 00:06:05,430
of how life gets impacted in space.

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00:06:05,430 --> 00:06:11,220

And so, there are a lot of studies that have been going on for 20, 30 years under the sponsorship

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00:06:11,220 --> 00:06:12,220

of NASA.

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00:06:12,220 --> 00:06:13,480

Host: Definitely.

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00:06:13,480 --> 00:06:16,780

We've got a big biosciences division here.

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00:06:16,780 --> 00:06:17,780

Sylvain Costes: Absolutely.

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00:06:17,780 --> 00:06:19,490

And so, there's a lot of scattered information here and there.

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00:06:19,490 --> 00:06:26,310

I think we're lucky to live in a time where now we have this new technology called omics.

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00:06:26,310 --> 00:06:39,520

And so the omics are -- They're trying to interpret the slight different changes in

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00:06:39,520 --> 00:06:45,410

your gene sequencing with respect to some risk to your health.

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00:06:45,410 --> 00:06:48,850

That's one omics that's exploding right now in the world.

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00:06:48,850 --> 00:06:52,900

But there's other omics that have been going on for a while, one of them is called transcriptomic,

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00:06:52,900 --> 00:06:57,370

which is 90 percent of the data in GeneLab
are transcriptomic data.

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00:06:57,370 --> 00:07:05,280

There it's the idea of looking at the RNA
expression in tissues or in microbes or in

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00:07:05,280 --> 00:07:12,050

anything we're looking at, any sample coming
from the space station or from the space shuttle

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00:07:12,050 --> 00:07:14,730

if they have been analyzed for omics data
up into our repository.

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00:07:14,730 --> 00:07:17,140

So GeneLab is that big repository of information.

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00:07:17,140 --> 00:07:18,500

Host: Okay, right.

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00:07:18,500 --> 00:07:19,520

GeneLab is a database.

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00:07:19,520 --> 00:07:22,590

Sylvain Costes: It's a database, but it's
going to be more than a database.

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00:07:22,590 --> 00:07:24,470

This was the original thought for it.

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00:07:24,470 --> 00:07:27,479

Basically, let's store all this information
to one local place.

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00:07:27,479 --> 00:07:35,100

And so, we've been very active in either identifying

legacy dataset that should be in GeneLab from

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00:07:35,100 --> 00:07:36,590

the get go from the past.

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00:07:36,590 --> 00:07:42,400

We're also very active with any new omics being produced on the ISS, to make sure that

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00:07:42,400 --> 00:07:44,810

those data comes into our repository.

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00:07:44,810 --> 00:07:47,560

We're not only looking at one type of omics.

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00:07:47,560 --> 00:07:49,570

We're looking at many different omics.

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00:07:49,570 --> 00:07:53,821

There's something else called proteomics, which is protein profile, epigenetic, which

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00:07:53,821 --> 00:08:00,009

is how your DNA gets decorated by specific molecules that changes the expression profile

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00:08:00,009 --> 00:08:01,630

of those molecules.

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00:08:01,630 --> 00:08:07,050

All these omics techniques are coming to us, and we're working very actively in identifying

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00:08:07,050 --> 00:08:09,500

what's been already produced in the world.

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00:08:09,500 --> 00:08:15,390

The idea is to become like the custodian of knowledge and catering this information to

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00:08:15,390 --> 00:08:16,390

the public.

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00:08:16,390 --> 00:08:18,000

Host: Okay, cool.

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00:08:18,000 --> 00:08:19,250

Let's review.

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00:08:19,250 --> 00:08:22,530

Omics is this big area that it could be proteomics, genomics?

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00:08:22,530 --> 00:08:23,620

Sylvain Costes: Absolutely.

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00:08:23,620 --> 00:08:24,720

Host: Right, okay.

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00:08:24,720 --> 00:08:28,199

So any of these companies that are offering genetic analyses for the public.

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00:08:28,199 --> 00:08:29,199

Sylvain Costes: It's one type of omics.

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00:08:29,199 --> 00:08:30,920

Host: Yeah, that's one type of omics.

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00:08:30,920 --> 00:08:38,240

All of these basically are ways to study what our DNA is producing or what any organisms,

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00:08:38,240 --> 00:08:42,880

cells, are doing with their DNA.

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00:08:42,880 --> 00:08:46,540

Is it correct that that's what can be influenced by the space environment?

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00:08:46,540 --> 00:08:47,930

Sylvain Costes: Absolutely.

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00:08:47,930 --> 00:08:54,630

I think if you go back about life in space, there's really two big questions that we need

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00:08:54,630 --> 00:08:55,630

to address.

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00:08:55,630 --> 00:09:04,050

One is really how microgravity confinement, ionizing radiation can affect living entities.

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00:09:04,050 --> 00:09:08,770

Here, that question is important with respect to the astronauts, because we want to make

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00:09:08,770 --> 00:09:10,280

sure they're going to be healthy in the long run.

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00:09:10,280 --> 00:09:11,280

Host: Yeah.

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00:09:11,280 --> 00:09:12,300

Sylvain Costes: So that's one big question.

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00:09:12,300 --> 00:09:18,290

We believe that in addition to the battery of tests you can do on an astronaut like blood

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00:09:18,290 --> 00:09:25,960

samples, pulse, EKG, whatever, you have other tools, molecular tools, that we can address

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00:09:25,960 --> 00:09:28,460
by using animal models.

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00:09:28,460 --> 00:09:32,170
Because the problem with omics is typically
you have to sacrifice the animal to get the

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00:09:32,170 --> 00:09:33,170
information.

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00:09:33,170 --> 00:09:34,170
Host: I see.

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00:09:34,170 --> 00:09:36,530
Sylvain Costes: For a mouse, we're going to
get the liver, we're going to get the brain,

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00:09:36,530 --> 00:09:40,310
we're going to get the bones, and we can then
run omics on those guys.

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00:09:40,310 --> 00:09:41,310
Host: Okay.

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00:09:41,310 --> 00:09:46,380
So to see what impact microgravity or radiation
is having on the body?

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00:09:46,380 --> 00:09:49,800
Sylvain Costes: On a body that is close to
us.

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00:09:49,800 --> 00:09:53,930
Mammals are great, but there's also effort
on drosophila, which is insect.

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00:09:53,930 --> 00:09:55,260
Host: The fruit flies.

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00:09:55,260 --> 00:09:56,580

Sylvain Costes: Fruit flies.

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00:09:56,580 --> 00:09:57,580

You also have *C. elegans*.

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00:09:57,580 --> 00:10:01,750

So there's a variety of animal models we can use.

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00:10:01,750 --> 00:10:07,300

There is another question that GeneLab is also helping answering in terms of the information

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00:10:07,300 --> 00:10:08,740

we're putting into the database.

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00:10:08,740 --> 00:10:14,730

It's more understanding the way an ecosystem is modified by space.

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00:10:14,730 --> 00:10:18,020

And so, here you can imagine microbes.

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00:10:18,020 --> 00:10:21,170

We talk about microbes being found on the walls of the space station.

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00:10:21,170 --> 00:10:22,170

Host: Yeah, I've seen that.

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00:10:22,170 --> 00:10:27,700

Sylvain Costes: These kinds of things would be addressable with omics, but you're more

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00:10:27,700 --> 00:10:35,010

interesting in seeing what kind of maybe new species or how a strain can deviate from its

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00:10:35,010 --> 00:10:39,950
original genomic makeup by being in space
for a long period of time.

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00:10:39,950 --> 00:10:43,750
It's also helpful for the client, for instance,
understanding the kind of stress you put on

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00:10:43,750 --> 00:10:44,750
an ecosystem, like plants.

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00:10:44,750 --> 00:10:45,750
Host: Yeah.

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00:10:45,750 --> 00:10:50,440
Sylvain Costes: Then you may be able to optimize
how a plant grows on Mars or in the space

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00:10:50,440 --> 00:10:51,650
station.

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00:10:51,650 --> 00:10:56,180
You see, you can either look at the ecosystem
side or you can look at the human health side.

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00:10:56,180 --> 00:10:57,180
Host: Yeah.

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00:10:57,180 --> 00:10:59,670
Sylvain Costes: And so, those two things are
coming together in GeneLab which is interesting.

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00:10:59,670 --> 00:11:00,690
Host: That's very interesting.

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00:11:00,690 --> 00:11:04,370
That's what I had just realized as you were
talking; you can look at the effect of space

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00:11:04,370 --> 00:11:07,950
on an individual, and then all the way up
to the ecosystem scale.

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00:11:07,950 --> 00:11:08,950
Sylvain Costes: Exactly.

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00:11:08,950 --> 00:11:09,950
Host: That's pretty awesome.

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00:11:09,950 --> 00:11:10,950
Sylvain Costes: Right.

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00:11:10,950 --> 00:11:14,730
Host: Okay, so these studies are going on
already.

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00:11:14,730 --> 00:11:19,310
And then GeneLab collects all that data that
these experiments are producing, is that it?

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00:11:19,310 --> 00:11:23,190
Sylvain Costes: Yeah, so there's different
ways that I can make their way in GeneLab.

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00:11:23,190 --> 00:11:28,040
One thing, as I mentioned earlier, was we
talk about legacy data.

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00:11:28,040 --> 00:11:31,930
Before GeneLab existed, people were already
gathering some omics.

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00:11:31,930 --> 00:11:35,720
Having said that, the omics have changed a
lot over the past 10 years.

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00:11:35,720 --> 00:11:40,200
So the legacy data typically have some kind
of technology for transcriptomics that we

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00:11:40,200 --> 00:11:41,900

don't use as much anymore.

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00:11:41,900 --> 00:11:49,360

Like we could microwave, which is the old way of looking at RNA labels, gene expression

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00:11:49,360 --> 00:11:50,360

labels.

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00:11:50,360 --> 00:11:53,330

Since then, now we have RNA sequencing, which is a better technique.

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00:11:53,330 --> 00:11:57,320

As we go to new omics, we have much larger datasets.

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00:11:57,320 --> 00:12:00,770

So the repository is getting bigger as the big data is coming down the pipe.

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00:12:00,770 --> 00:12:01,950

Host: Yeah, totally.

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00:12:01,950 --> 00:12:03,560

Sylvain Costes: That's one way.

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00:12:03,560 --> 00:12:08,860

But the other aspect of GeneLab is to really work actively with investigators and collaborators

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00:12:08,860 --> 00:12:10,190

to generate new data.

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00:12:10,190 --> 00:12:18,820

And so we work with PI to have their funding from NASA to fly animal models, plant, microbes,

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00:12:18,820 --> 00:12:19,820

in the space station.

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00:12:19,820 --> 00:12:24,730

And we help them maybe get more information from their samples and make sure that all

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00:12:24,730 --> 00:12:26,870

their omics go in the database at the end.

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00:12:26,870 --> 00:12:30,120

Host: This is the side that I know a little bit about from working at Ames.

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00:12:30,120 --> 00:12:34,640

Our bioscience department, they work with researchers at other institutions.

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00:12:34,640 --> 00:12:35,640

Right?

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00:12:35,640 --> 00:12:36,640

Sylvain Costes: Right.

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00:12:36,640 --> 00:12:39,960

Host: Who want to fly an experiment to space to do their science.

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00:12:39,960 --> 00:12:41,310

That's what you're talking about.

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00:12:41,310 --> 00:12:42,310

Right?

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00:12:42,310 --> 00:12:43,310

Sylvain Costes: Absolutely.

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00:12:43,310 --> 00:12:46,610

Host: We'll help them carry out that experiment, and then also we get to use the data.

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00:12:46,610 --> 00:12:47,610

Sylvain Costes: Absolutely.

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00:12:47,610 --> 00:12:52,450

There is that aspect of NASA Ames where an investigator will work with a principal investigator

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00:12:52,450 --> 00:12:59,420

that got funding to actually fly on the ISS specific mission and specific experiment.

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00:12:59,420 --> 00:13:01,810

Part of our work is also there.

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00:13:01,810 --> 00:13:06,310

I think there's something new about GeneLab that as the new project manager I'm trying

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00:13:06,310 --> 00:13:12,150

to push for is I really think that GeneLab should be serving three different communities.

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00:13:12,150 --> 00:13:18,910

The data repository by itself, that data really talks to the specialists, the bioinformatician

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00:13:18,910 --> 00:13:23,050

that can go in there and download the data, work with the data, and interpret the data.

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00:13:23,050 --> 00:13:24,050

Host: Specialists, yeah.

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00:13:24,050 --> 00:13:25,630

Sylvain Costes: Very, very specialized people.

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00:13:25,630 --> 00:13:26,630

Host: Yeah.

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00:13:26,630 --> 00:13:27,630

Sylvain Costes: Scientists.

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00:13:27,630 --> 00:13:30,459

But then you have another group which is the scientists in general, which they don't know

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00:13:30,459 --> 00:13:33,250

how to do the bioinformatics, but they know how to ask the right question.

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00:13:33,250 --> 00:13:34,250

Host: Yeah.

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00:13:34,250 --> 00:13:37,620

Sylvain Costes: And so, we want to provide tools for them to be able to access the information

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00:13:37,620 --> 00:13:41,649

without having to do all these very tedious and slow work.

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00:13:41,649 --> 00:13:46,610

Some of the repository data are now being used to be processed to generate a new level

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00:13:46,610 --> 00:13:51,160

of data that we would call higher order data that can be interpreted.

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00:13:51,160 --> 00:13:57,230

From there, for instance, the idea would be is there a signature of cancer in some liver

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00:13:57,230 --> 00:13:59,730

samples that I got from the space station.

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00:13:59,730 --> 00:14:03,980

A specialist on cancer, but not a specialist in bioinformatics, can ask this question by

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00:14:03,980 --> 00:14:05,400

being provided the right information.

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00:14:05,400 --> 00:14:06,400

Host: I see.

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00:14:06,400 --> 00:14:09,200

Also, that means they're not doing a brand new experiment.

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00:14:09,200 --> 00:14:10,200

They're using data that exists.

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00:14:10,200 --> 00:14:10,940

Sylvain Costes: Exactly.

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00:14:10,940 --> 00:14:11,620

Host: Cool.

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00:14:11,620 --> 00:14:16,640

Sylvain Costes: And so now you can think of this -- It's the same data, but they've already

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00:14:16,650 --> 00:14:21,420

been preprocessed by us, and then they are now -- There's a bigger emphasis on tools

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00:14:21,420 --> 00:14:22,990

to visualize this information.

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00:14:22,990 --> 00:14:27,540

And so, we're still working with this with an investigator.

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00:14:27,540 --> 00:14:32,500

The idea would be to really have, at the end, even a higher-level type of information that

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00:14:32,500 --> 00:14:34,820

would be very succinct but very simple to access.

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00:14:34,820 --> 00:14:38,490

With a few clicks, someone could go in there and ask for their favorite gene.

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00:14:38,490 --> 00:14:42,070

So is P53 modify in space.

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00:14:42,070 --> 00:14:46,680

And then you could ask to look at all the mouse data, or you could say, "Okay, I want

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00:14:46,680 --> 00:14:47,680

mouse and drosophila."

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00:14:47,680 --> 00:14:48,680

Host: Yeah.

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00:14:48,680 --> 00:14:53,420

Sylvain Costes: This now talks to not only scientists, but really even high school students

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00:14:53,420 --> 00:14:54,589

can do these kind of questions.

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00:14:54,589 --> 00:14:55,589

Host: Really?

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00:14:55,589 --> 00:14:56,640

Sylvain Costes: Yeah, we had a GeneLab for high school.

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00:14:56,640 --> 00:15:01,750

Liz Blaber was the PI who actually organized this.

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00:15:01,750 --> 00:15:02,750

It was very successful.

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00:15:02,750 --> 00:15:03,750

Host: Awesome.

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00:15:03,750 --> 00:15:06,800

Sylvain Costes: High school students can make sense out of this data with the right guidance,

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00:15:06,800 --> 00:15:07,800

so it's possible.

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00:15:07,800 --> 00:15:08,800

Host: Wow, that's impressive.

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00:15:08,800 --> 00:15:09,800

That's bioinformatics.

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00:15:09,800 --> 00:15:12,220

You're saying high school students are working on that.

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00:15:12,220 --> 00:15:13,340

Sylvain Costes: Absolutely, yeah.

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00:15:13,340 --> 00:15:14,340

It's really amazing.

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00:15:14,340 --> 00:15:15,899

The new generation is well trained.

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00:15:15,899 --> 00:15:16,899

Host: Wow, yeah.

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00:15:16,899 --> 00:15:18,950

NASA is getting the next generation ready.

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00:15:18,950 --> 00:15:19,950

That's awesome.

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00:15:19,950 --> 00:15:20,950

Sylvain Costes: Yeah.

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00:15:20,950 --> 00:15:24,740

There were like, what, 20-plus kids that came here this summer and they spent 3 weeks.

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00:15:24,740 --> 00:15:25,740

Host: Wow.

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00:15:25,740 --> 00:15:28,870

Sylvain Costes: They worked on the data that was on the database.

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00:15:28,870 --> 00:15:32,279

At the end, they did a presentation and it was really good.

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00:15:32,279 --> 00:15:35,029

Host: That's a good way to spend your summer as a high school student.

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00:15:35,029 --> 00:15:36,029

Sylvain Costes: I agree.

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00:15:36,029 --> 00:15:37,029

Host: Not just hanging out at the beach.

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00:15:37,029 --> 00:15:38,029

Right?

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00:15:38,029 --> 00:15:39,820

You said three communities that GeneLab serves.

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00:15:39,820 --> 00:15:41,360

Did we hit all three?

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00:15:41,360 --> 00:15:43,279

Sylvain Costes: Yeah.

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00:15:43,279 --> 00:15:48,430

Those visualization aspects is really -- you could have a visualization layer that would

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00:15:48,430 --> 00:15:53,000

be fairly sophisticated for still scientist type of people.

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00:15:53,000 --> 00:15:57,560

But then you could really have even a higher-level visualization that is really simple where

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00:15:57,560 --> 00:16:00,339

you can ask very simple questions.

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00:16:00,339 --> 00:16:04,550

Anyone who doesn't know science but was curious about space could say, "Is there any change

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00:16:04,550 --> 00:16:06,230

in inflammatory response in space?"

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00:16:06,230 --> 00:16:07,230

Host: Okay.

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00:16:07,230 --> 00:16:12,410

Sylvain Costes: And so at least on the omics level, looking at protein and RNA, you could

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00:16:12,410 --> 00:16:18,110

extract this kind of information, actually,
and report this information back to the public.

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00:16:18,110 --> 00:16:24,790

What we're envisioning is really this multitier
level where you can really, for a specialist,

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00:16:24,790 --> 00:16:27,899

you would probably much play with the data
the way they are.

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00:16:27,899 --> 00:16:32,639

For the scientist community, you would have
visualization tools and some processing tools

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00:16:32,639 --> 00:16:34,399

if you want to do some grinding yourself.

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00:16:34,399 --> 00:16:35,399

Host: Okay.

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00:16:35,399 --> 00:16:37,410

Crunch the numbers and that data.

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00:16:37,410 --> 00:16:38,410

Yeah.

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00:16:38,410 --> 00:16:40,910

Sylvain Costes: The system would be, by the
way, on the cloud.

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00:16:40,910 --> 00:16:45,970

But then at the end, the very light level
data, which doesn't take much room, is those

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00:16:45,970 --> 00:16:47,120

visualization data.

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00:16:47,120 --> 00:16:52,829

But then they're very much guided by us, because we have to make choices in what we want to

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00:16:52,829 --> 00:16:53,829
display.

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00:16:53,829 --> 00:16:54,829
Host: Right, right.

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00:16:54,829 --> 00:16:59,220
Sylvain Costes: To do this, we think that we will involve the scientific community through

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00:16:59,220 --> 00:17:04,589
something – NIH [National Institutes of Health] uses a similar model called AWG, analysis

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00:17:04,589 --> 00:17:05,589
working group.

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00:17:05,589 --> 00:17:10,799
The idea is to put together multiple principal investigator experts in one topic and put

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00:17:10,799 --> 00:17:15,299
them together to tease out what will be the best way to analyze some type of data.

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00:17:15,299 --> 00:17:22,490
For instance, we could focus on the rodent data or you could focus on the microbe data.

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00:17:22,490 --> 00:17:27,810
You could imagine different AWG, analysis working groups, for these different questions.

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00:17:27,810 --> 00:17:32,750
Host: Okay, so different groups of scientists will decide this particular kind of data is

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00:17:32,750 --> 00:17:37,600

probably most useful for the community, so we're going to create some tools to process

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00:17:37,600 --> 00:17:38,600

it?

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00:17:38,600 --> 00:17:39,600

Sylvain Costes: Some tools or some way of displaying them.

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00:17:39,600 --> 00:17:40,600

Host: Okay.

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00:17:40,600 --> 00:17:42,930

Sylvain Costes: How can you make it very, very easy for anyone to understand what's

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00:17:42,930 --> 00:17:43,930

going on.

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00:17:43,930 --> 00:17:46,000

What is the right processing pipeline?

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00:17:46,000 --> 00:17:47,000

We call them pipelines.

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00:17:47,000 --> 00:17:51,950

It's like a bunch of different scripts that you put together that will take the raw data,

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00:17:51,950 --> 00:17:58,450

which are very big, and turn them into a very small amount of data that is small but very

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00:17:58,450 --> 00:18:00,530

meaningful to us.

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00:18:00,530 --> 00:18:02,870

You can imagine, Google does the same thing with their data.

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00:18:02,870 --> 00:18:06,240

They have all these very large databases that they work with.

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00:18:06,240 --> 00:18:11,130

But at the end, when you type a keyword for a specific question you're asking, the system

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00:18:11,130 --> 00:18:15,941

is able to point immediately to a webpage with an actual answer to your question, which

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00:18:15,941 --> 00:18:18,250

is remarkable.

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00:18:18,250 --> 00:18:21,380

In the background there's a lot of things happening for this, and there's that huge

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00:18:21,380 --> 00:18:23,380

database working for you.

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00:18:23,380 --> 00:18:29,020

Host: Are you creating the search engine that will browse this huge database of biological

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00:18:29,020 --> 00:18:30,020

information?

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00:18:30,020 --> 00:18:31,020

Sylvain Costes: We're thinking of that.

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00:18:31,020 --> 00:18:35,950

It's a bit more difficult for us because when you think of Google, they really have what

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00:18:35,950 --> 00:18:39,230
they call big data, which is a lot of data.

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00:18:39,230 --> 00:18:41,150
GeneLab doesn't have big data.

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00:18:41,150 --> 00:18:43,010
We have complex data.

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00:18:43,010 --> 00:18:44,230
Host: Okay.

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00:18:44,230 --> 00:18:48,460
Sylvain Costes: We don't have that many experiments
from space mission.

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00:18:48,460 --> 00:18:56,010
If you go on our website right now, you will
find 130-plus studies, and less than half

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00:18:56,010 --> 00:19:03,380
of them are actually space missions, and the
other ones are ground studies that mimic what's

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00:19:03,380 --> 00:19:04,490
happening in space.

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00:19:04,490 --> 00:19:05,950
Host: Okay.

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00:19:05,950 --> 00:19:06,950
Simulations?

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00:19:06,950 --> 00:19:08,870
Sylvain Costes: Simulation.

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00:19:08,870 --> 00:19:13,460
This is the caveat is that we have lots of

data, but they are complex data and they're

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00:19:13,460 --> 00:19:14,460

not big data.

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00:19:14,460 --> 00:19:17,570

We have very sparse metrics of information.

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00:19:17,570 --> 00:19:22,130

And so, there's still some question about how you're going to go about those data.

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00:19:22,130 --> 00:19:26,929

And so, that's really where working with the scientific community will help us figure out

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00:19:26,929 --> 00:19:32,679

what are the best pipelines with these specific constraints in mind, which is an additional

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00:19:32,679 --> 00:19:33,679

challenge.

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00:19:33,679 --> 00:19:37,309

But I think the technology and I think machine learning may be helpful there.

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00:19:37,309 --> 00:19:38,309

Host: Really?

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00:19:38,309 --> 00:19:39,309

Machine learning is part of this?

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00:19:39,309 --> 00:19:40,559

Sylvain Costes: We're thinking of that, too.

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00:19:40,559 --> 00:19:41,559

Host: Interesting.

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00:19:41,559 --> 00:19:47,049

Sylvain Costes: Because there might be some clever way of interpreting those sparse metrics

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00:19:47,049 --> 00:19:48,299

that we're dealing with.

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00:19:48,299 --> 00:19:55,070

There are a lot of things still that are undefined in the scientific community.

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00:19:55,070 --> 00:19:59,660

I think GeneLab is really at the cutting edge of this information.

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00:19:59,660 --> 00:20:02,140

It's super exciting, but it's a challenge.

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00:20:02,140 --> 00:20:06,880

I think it's a visionary approach to have created GeneLab.

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00:20:06,880 --> 00:20:11,530

But any visionary approach also brings a lot of challenges that needs to be dealt with.

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00:20:11,530 --> 00:20:14,320

Host: Yeah, but NASA is all about challenges and taking them on.

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00:20:14,320 --> 00:20:14,900

Sylvain Costes: Absolutely.

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00:20:14,900 --> 00:20:15,400

That's why we're here. Right?

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00:20:15,400 --> 00:20:15,900

Host: Right.

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00:20:15,900 --> 00:20:16,820

Exactly.

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00:20:16,820 --> 00:20:18,300

I wanted to ask you.

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00:20:18,300 --> 00:20:24,700

You've spoken about how GeneLab will be accessible to different levels of expertise.

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00:20:24,700 --> 00:20:29,059

Is it also open to anyone to go browse and look at?

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00:20:29,059 --> 00:20:30,059

Sylvain Costes: Absolutely.

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00:20:30,059 --> 00:20:32,930

The intent is to have these different tier levels.

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00:20:32,930 --> 00:20:36,890

Currently the current version we have is 1.0, and we're moving to 2.0.

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00:20:36,890 --> 00:20:41,990

1.0 is very much a repository where you can just download the data.

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00:20:41,990 --> 00:20:46,440

The version 2.0 would have -- And it's public, sorry.

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00:20:46,440 --> 00:20:47,440

Anyone can go in there.

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00:20:47,440 --> 00:20:48,440

There is no restriction.

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00:20:48,440 --> 00:20:49,440

Host: Amazing.

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00:20:49,440 --> 00:20:53,220

Sylvain Costes: A high school student can download the data on his or her hard drive

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00:20:53,220 --> 00:20:55,210

and play with them if they want to.

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00:20:55,210 --> 00:21:00,000

There are a lot of free tools out there that you can do that, really.

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00:21:00,000 --> 00:21:04,220

But 2.0 is going to have more interesting things coming down the pipe.

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00:21:04,220 --> 00:21:10,100

We have now a workspace so people can log in and actually see all your data that you

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00:21:10,100 --> 00:21:12,360

want to add to the current GeneLab data.

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00:21:12,360 --> 00:21:13,760

You can bring your own data.

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00:21:13,760 --> 00:21:18,590

If you want to do a comparison, for instance, with your favorite experiment and some space

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00:21:18,590 --> 00:21:20,929

samples, you can do it inside the system.

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00:21:20,929 --> 00:21:27,880

The other thing is 2.0, as we move on, we'll be having more and more tools that you can

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00:21:27,880 --> 00:21:31,260

use to process some samples and do some analysis.

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00:21:31,260 --> 00:21:37,390

Host: Does that mean like a cancer researcher could take their own data from their own lab

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00:21:37,390 --> 00:21:40,840

and compare, I don't know, genetic changes to what we see in space?

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00:21:40,840 --> 00:21:41,950

Sylvain Costes: Absolutely.

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00:21:41,950 --> 00:21:43,970

That's exactly the idea.

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00:21:43,970 --> 00:21:47,770

You could have someone who's a specialist in breast cancer.

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00:21:47,770 --> 00:21:50,840

We know for instance breast is a very sensitive tissue for radiation.

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00:21:50,840 --> 00:21:52,610

It's a classic model.

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00:21:52,610 --> 00:21:58,210

It would not be a bad idea to look at the -- A lot of the animals that were flown on

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00:21:58,210 --> 00:22:01,920

the ISS and in the space shuttle are female mice.

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00:22:01,920 --> 00:22:05,200

For many reasons, it's easier to work with female than male.

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00:22:05,200 --> 00:22:08,710

Typically males tend to fight in the same cage, for a start.

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00:22:08,710 --> 00:22:11,730

So we can't put as many males as we can put female in a cage.

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00:22:11,730 --> 00:22:12,730

Host: Yeah.

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00:22:12,730 --> 00:22:15,230

Sylvain Costes: And so, the female have the mammary gland, which is another very interesting

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00:22:15,230 --> 00:22:17,390

tissue because they're very sensitive to radiation.

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00:22:17,390 --> 00:22:19,880

You could look at cancer incidents through radiation.

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00:22:19,880 --> 00:22:25,440

It would be an interesting question to look at specific early onset of cancer, a signature

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00:22:25,440 --> 00:22:30,480

at the genomic level, and then compare it to the space station data that's on GeneLab,

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00:22:30,480 --> 00:22:31,480

for instance.

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00:22:31,480 --> 00:22:32,890

I don't think anyone has done that yet.

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00:22:32,890 --> 00:22:33,890

Host: Interesting.

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00:22:33,890 --> 00:22:35,980

All right, and GeneLab would make that comparison possible.

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00:22:35,980 --> 00:22:40,680

Sylvain Costes: Should be, if we have -- Having said that, we need to first have some mammary

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00:22:40,680 --> 00:22:45,760

gland data in GeneLab for ISS or space shuttle.

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00:22:45,760 --> 00:22:46,970

They might be out there somewhere.

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00:22:46,970 --> 00:22:50,510

A lot of the data are being generated by the PI as we're talking.

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00:22:50,510 --> 00:22:53,299

So there's more that are going to come along.

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00:22:53,299 --> 00:22:56,600

Hopefully some of this information will be there as we -- The longer we wait, the more

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00:22:56,600 --> 00:22:57,720

information that will be there.

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00:22:57,720 --> 00:22:59,289

Host: Right, that's going to grow with time.

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00:22:59,289 --> 00:23:00,289

Sylvain Costes: Exactly.

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00:23:00,289 --> 00:23:01,289

Host: Yeah, cool.

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00:23:01,289 --> 00:23:06,350

So do you guys just receive data, or do you ever work with the samples that come back

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00:23:06,350 --> 00:23:07,350

from the space station?

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00:23:07,350 --> 00:23:09,730

Because there are biological experiments happening up there.

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00:23:09,730 --> 00:23:10,730

Right?

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00:23:10,730 --> 00:23:11,730

Sylvain Costes: It's a great question.

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00:23:11,730 --> 00:23:13,480

Actually we do both.

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00:23:13,480 --> 00:23:17,820

The majority of the work is obviously on taking other people's data.

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00:23:17,820 --> 00:23:23,710

But NASA has recognized that some samples may not be taken by any PI, and so it would

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00:23:23,710 --> 00:23:26,080

be a bit of a waste.

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00:23:26,080 --> 00:23:27,430

Host: They may not be used by -- ?

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00:23:27,430 --> 00:23:29,020

Sylvain Costes: Right.

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00:23:29,020 --> 00:23:35,750

And so GeneLab has come up with a prioritization

of samples that we think are very important.

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00:23:35,750 --> 00:23:39,750

One of the strategies would be that if we can really focus our attention to specific

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00:23:39,750 --> 00:23:44,570

tissue on a regular basis, then we'll have a very clear characterization of this tissue.

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00:23:44,570 --> 00:23:47,870

As time goes by, we'll have multiple time points in space.

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00:23:47,870 --> 00:23:54,250

So a long duration versus a short duration, looking always at a same tissue in the same

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00:23:54,250 --> 00:23:59,730

type of animals, then we'll be able to see how the time dependencies are showing up.

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00:23:59,730 --> 00:24:04,520

To do this, we have what we call the sample processing lab, which is a small group in

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00:24:04,520 --> 00:24:09,620

GeneLab that either work with other principal investigators when they need help to process

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00:24:09,620 --> 00:24:10,620

samples.

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00:24:10,620 --> 00:24:14,760

But also there's something called tissue sharing agreement where we can get some tissue from

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00:24:14,760 --> 00:24:17,179

the ISS that are not claimed by anyone else.

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00:24:17,179 --> 00:24:21,250

There's a list of tissue that we'd rather see coming in through this prioritization.

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00:24:21,250 --> 00:24:22,370

Host: What would be an example?

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00:24:22,370 --> 00:24:24,059

What would be tissues you're interested in?

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00:24:24,059 --> 00:24:26,820

Sylvain Costes: The one we've been looking at a lot is liver.

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00:24:26,820 --> 00:24:32,309

The reason no one wanted to look at liver is because it's not a tissue that's been showing

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00:24:32,309 --> 00:24:34,039

very much response.

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00:24:34,039 --> 00:24:39,159

Having said that, we actually now have a publication being prepared on that topic showing that

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00:24:39,159 --> 00:24:41,910

actually there is some real changes in the liver in space.

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00:24:41,910 --> 00:24:42,910

Host: Really?

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00:24:42,910 --> 00:24:44,700

Sylvain Costes: Which is surprising.

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00:24:44,700 --> 00:24:49,690

There was one study before that had suggested there was a change in a longer duration from

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00:24:49,690 --> 00:24:51,080

space shuttle samples.

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00:24:51,080 --> 00:24:55,950

And now the study we're preparing actually is showing that on the ISS as well, the same

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00:24:55,950 --> 00:25:01,321

strain of mice called C57 are showing some kind of a change in the liver over a 30-day

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00:25:01,321 --> 00:25:02,370

course in space.

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00:25:02,370 --> 00:25:05,090

Host: That could be important for human astronauts.

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00:25:05,090 --> 00:25:06,090

Sylvain Costes: Absolutely.

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00:25:06,090 --> 00:25:10,960

The big question is -- The problem with animal system is that you have to remember that we

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00:25:10,960 --> 00:25:14,860

work with one strain, which means that all the data is coming from one single strain,

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00:25:14,860 --> 00:25:21,169

which is the equivalent of -- When you work on one strain of mice, you're looking at identical

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00:25:21,169 --> 00:25:22,169

twins, if you want.

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00:25:22,169 --> 00:25:22,900

Host: Yeah.

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00:25:22,900 --> 00:25:23,580

Right.

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00:25:23,580 --> 00:25:27,000

Sylvain Costes: So you have no idea of how genetic variance is affecting this response.

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00:25:27,010 --> 00:25:28,010

Host: Okay.

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00:25:28,010 --> 00:25:30,390

Sylvain Costes: What you see in one strand may not be seen in another strand.

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00:25:30,390 --> 00:25:31,390

Host: Yeah.

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00:25:31,390 --> 00:25:32,920

Sylvain Costes: And so that's one of the big challenges with the animal work.

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00:25:32,920 --> 00:25:33,920

Host: I see.

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00:25:33,920 --> 00:25:37,179

Sylvain Costes: That's a caveat, and that's why insects are pretty cool, because with

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00:25:37,179 --> 00:25:41,070

insects you can actually have a bunch of different genetic backgrounds in one experiment.

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00:25:41,070 --> 00:25:42,480

Host: More easily, more of them.

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00:25:42,480 --> 00:25:43,480

They're smaller.

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00:25:43,480 --> 00:25:44,480

Sylvain Costes: That's right.

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00:25:44,480 --> 00:25:46,860

So you see, this is the art of science.

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00:25:46,860 --> 00:25:51,929

It's like how do you use each model to their best -- Are you optimizing the usage of these

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00:25:51,929 --> 00:25:52,929

animals?

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00:25:52,929 --> 00:25:53,929

Host: Yeah, put them to their best use.

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00:25:53,929 --> 00:25:54,929

Yeah.

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00:25:54,929 --> 00:25:55,929

Sylvain Costes: Right.

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00:25:55,929 --> 00:25:59,550

Rodents are great because they're very close to us genetically, but that's the limitation.

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00:25:59,550 --> 00:26:04,720

Insects are great because like *Drosophila*, you can have a huge spectrum of genetic differences

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00:26:04,720 --> 00:26:10,460

and you can have many of them, but then they're much further away from us than a mammal.

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00:26:10,460 --> 00:26:11,460

Host: Yeah.

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00:26:11,460 --> 00:26:12,460

Right.

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00:26:12,460 --> 00:26:13,920

Sylvain Costes: And then we put all this information together.

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00:26:13,920 --> 00:26:19,330

The idea, again, as we move forward with technology, we expect to see some new algorithm that will

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00:26:19,330 --> 00:26:25,330

be able to make these bridges between the different species and come up with some real

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00:26:25,330 --> 00:26:28,720

response from space and understand better how space affects us.

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00:26:28,720 --> 00:26:29,860

Host: Yeah. Right. Okay.

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00:26:29,860 --> 00:26:36,220

So take the results from those studies happening in space, look at the data in a broad way

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00:26:36,230 --> 00:26:37,230

and draw conclusions?

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00:26:37,230 --> 00:26:38,320

Sylvain Costes: Absolutely.

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00:26:38,320 --> 00:26:39,320

Host: Okay.

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00:26:39,320 --> 00:26:40,320

That's super interesting.

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00:26:40,320 --> 00:26:41,040

Sylvain Costes: It is. Right?

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00:26:41,040 --> 00:26:42,180

Host: Yeah, cool.

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00:26:42,180 --> 00:26:45,360

Sylvain Costes: 10 years from now, we can go back and see what we discover.

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00:26:45,360 --> 00:26:49,460

But I think there's going to be a lot of discovery by the scientific community through this database.

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00:26:49,460 --> 00:26:50,460

Host: Yeah, no doubt.

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00:26:50,460 --> 00:26:55,940

The other thing I love about the space station biology experiments is it's not just for space

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00:26:55,940 --> 00:26:56,940

applications.

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00:26:56,940 --> 00:27:01,159

But everything we learn about human health from that can be applied down here potentially.

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00:27:01,159 --> 00:27:02,600

Sylvain Costes: Absolutely.

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00:27:02,600 --> 00:27:04,410

That's a great point, thanks for raising it.

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00:27:04,410 --> 00:27:09,040

Because we're discovering this as we -- One of the things we're doing right now at GeneLab

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00:27:09,040 --> 00:27:15,640

is as we are generating those preprocess file for opening the door to a bigger community

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00:27:15,640 --> 00:27:20,650
that don't need to do all this processing
that we can provide to them, we're discovering

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00:27:20,650 --> 00:27:23,010
some confronting factors in the sample.

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00:27:23,010 --> 00:27:28,420
For instance, if you modify the carbon dioxide
level in the cage of an animal -- I don't

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00:27:28,420 --> 00:27:33,380
know if you know that, but carbon dioxide
levels are different in space because it tends

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00:27:33,380 --> 00:27:34,380
to be higher.

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00:27:34,380 --> 00:27:35,380
Host: Really?

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00:27:35,380 --> 00:27:37,590
Sylvain Costes: For the longest time, we thought
that there was no impact because they were

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00:27:37,590 --> 00:27:39,360
still pretty low level.

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00:27:39,360 --> 00:27:43,800
Now with the GeneLab data, what we're discovering
is that when you do a ground control and you

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00:27:43,800 --> 00:27:48,590
increase the carbon dioxide to the level that
you have in space on the space station, we

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00:27:48,590 --> 00:27:51,530
do see some [unintelligible] natures in the
gene.

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00:27:51,530 --> 00:27:52,850

Host: It has an impact then.

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00:27:52,850 --> 00:27:54,340

Sylvain Costes: It has an impact.

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00:27:54,340 --> 00:27:56,210

Now again, you have to be careful.

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00:27:56,210 --> 00:27:59,580

RNA level is just one very small piece of the puzzle.

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00:27:59,580 --> 00:28:04,100

You may have a change at the RNA level but not at the protein level, which is what's

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00:28:04,100 --> 00:28:05,770

more relevant, I would say, physiologically.

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00:28:05,770 --> 00:28:10,179

It's like the final signal is turning to an actual protein.

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00:28:10,179 --> 00:28:13,130

There are caveats in everything we do.

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00:28:13,130 --> 00:28:17,630

But it's really telling us that, yeah, those carbon dioxide have an impact.

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00:28:17,630 --> 00:28:21,990

It's not maybe picked up -- Physiological changes are maybe not picked up by it.

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00:28:21,990 --> 00:28:22,990

Host: Okay, yeah.

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00:28:22,990 --> 00:28:26,110

Sylvain Costes: But those very sensitive molecular tools can pick up those features.

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00:28:26,110 --> 00:28:27,110

Host: Right.

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00:28:27,110 --> 00:28:32,909

So that's an example where GeneLab is allowing you to discover that it's very complex, the

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00:28:32,909 --> 00:28:37,510

interactions between environment and DNA and proteins produced.

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00:28:37,510 --> 00:28:38,510

Sylvain Costes: Exactly.

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00:28:38,510 --> 00:28:39,730

Host: And you're teasing that apart.

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00:28:39,730 --> 00:28:40,730

Right?

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00:28:40,730 --> 00:28:41,730

Sylvain Costes: Right.

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00:28:41,730 --> 00:28:43,220

Because back to the carbon dioxide example.

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00:28:43,220 --> 00:28:46,770

You could imagine a situation on earth where we are exposed to a high level of carbon dioxide.

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00:28:46,770 --> 00:28:49,669

No one would ever study this stuff because no one would ever think of that.

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00:28:49,669 --> 00:28:55,350

But it turns out that [this] is clearly putting their fingers on one thing that maybe suggesting

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00:28:55,350 --> 00:28:59,620

more and more studies even by other investigators.

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00:28:59,620 --> 00:29:01,190

What are those signatures?

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00:29:01,190 --> 00:29:05,200

What are those changes in the RNA will do on the long term?

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00:29:05,200 --> 00:29:08,900

Is there a situation on earth where you get a low carbon dioxide level and they should

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00:29:08,900 --> 00:29:09,900

be concerned about it?

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00:29:09,900 --> 00:29:15,820

It is really going much more beyond space.

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00:29:15,820 --> 00:29:23,350

People being bedridden for like a month is the equivalent of being in microgravity [as]

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00:29:23,350 --> 00:29:25,870

one of the classic models.

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00:29:25,870 --> 00:29:29,120

Microgravity can tell us about bone loss and things like this.

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00:29:29,120 --> 00:29:30,120

Host: That's right.

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00:29:30,120 --> 00:29:32,380

Sylvain Costes: There are a lot of parallels

between what's happening in space.

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00:29:32,380 --> 00:29:35,950

You can think of space as an accelerator of aging, in a way.

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00:29:35,950 --> 00:29:37,360

That's the way I look at it often.

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00:29:37,360 --> 00:29:42,320

And so I think everything we're discovering on those data will be relevant for humans

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00:29:42,320 --> 00:29:43,470

on earth as well.

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00:29:43,470 --> 00:29:44,659

Host: Fascinating.

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00:29:44,659 --> 00:29:50,260

I like the way earlier you described NASA as the custodian of data about biology and

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00:29:50,260 --> 00:29:52,070

physiology and health in space.

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00:29:52,070 --> 00:29:57,480

It sounds like you're making that easier to use and accessible to more people.

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00:29:57,480 --> 00:29:58,750

Sylvain Costes: That's what we're trying to do.

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00:29:58,750 --> 00:29:59,750

Host: Wonderful.

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00:29:59,750 --> 00:30:00,750

Excellent.

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00:30:00,750 --> 00:30:02,169

This was super fascinating.

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00:30:02,169 --> 00:30:06,330

I think for a lot of people it's surprising, first of all, that NASA does biology, and

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00:30:06,330 --> 00:30:11,159

then that they can take a look at this data and maybe use it themselves in their labs

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00:30:11,159 --> 00:30:12,159

or at home.

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00:30:12,159 --> 00:30:13,270

So thank you for sharing that with us.

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00:30:13,270 --> 00:30:16,740

Sylvain Costes: No, thank you for highlighting GeneLab.

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00:30:16,740 --> 00:30:21,600

Anyone who is listening, feel free to come to genelab.nasa.gov.

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00:30:21,600 --> 00:30:22,400

Host: Awesome.

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00:30:22,419 --> 00:30:26,549

Also online, we are @NASA Ames.

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00:30:26,549 --> 00:30:31,140

We can take any questions for Sylvain about GeneLab with the hashtag #NASASiliconValley.